

# 11 natural ingredients for healthier skin



*This article contains content from one of our trusted sponsors.*

Radiant skin is more than a simple mark of beauty; it's an indication of a healthy you. You make first impressions in an instant. Your clear, glowing complexion can speak volumes about who you are and where you've been in life. When your skin is free of blemishes, it can leave you feeling wonderful, confident, and ready to take on the world. When your skin flares up and becomes blotchy or scabby, however, it can make you want to stay inside and hide from the world.

For many of us, a skin condition has too much control over our daily lives. When topical skin products and medications fail to make a difference, it can leave you feeling trapped – a helpless victim to your outbreaks.

It doesn't have to be this way.

The pharmacy is full of topical skincare products that claim to promote healthier skin. They often only treat the superficial symptoms and not the roots of the issue. For many types of bacterial and viral skin conditions, treating from the inside has proven effective for patients across the world.

For many bacterial and viral skin conditions, the body's chemistry impacts outbreaks. The level of toxins and bacteria in the skin, liver, and blood can affect your likelihood of an outbreak. Other factors like circulation, inflammation of the skin, and immune health have also been found to influence outbreaks.

To support the skin in a healthy way, Dr. Wayne Diamond developed a product that boasts a formulation of 11 powerful natural ingredients to promote skin health. In fact, using his extensive background as a Naturopath and Psychotherapist and his expertise in Natural Medicine, Dr. Diamond created Herpanacine Skin Support® as a holistic approach for preventing breakouts.

Mankind has used a holistic approach to health for millennia, using natural medicine and herbalism to restore the body's natural balance and treat illnesses from the inside-out. Since the times of ancient Greece, plants have been collected, researched, and cultivated for their healing properties and applied to treat a range of medical conditions.

As the ages passed and science progressed, our understanding of plant life and its medicinal benefits has expanded. With more than three decades of experience as a Naturopath working with alternative medicines, Dr. Wayne Diamond created a

product with the following powerful and effective ingredients: Lysine, A-Beta-Carotene, L-Tyrosine, E-D-Alpha, Selenium, Dandelion, Sarsaparilla, Ligustrum, Echinacea and Zinc.

Herpanacine Skin Support® has been one of the top-selling supplements for clear skin in recent years. The Best of Natural Beauty 2018 was awarded to Herpanacine Skin Support® in May 2018 by *Better Nutrition* Magazine for the Best Skin Supplement. Women and men worldwide have been using this award-winning and top-selling skin supplement for more than 28 years. It uses the precise formula created by Dr. Diamond based on the holistic approach to skin health to support the body's immune system and promote healthier living from within.

Healthier skin is more attainable than you may think. When topical solutions and other medicines have left patients feeling out of options, studies show the formulas of Dr. Diamond have restored hope. See why so many customers around the world have only great things to say about Herpanacine Skin Support®. Shop Herpanacine online at [www.diamondformulas.com](http://www.diamondformulas.com) or call (888) 467-4200 today. For FREE Shipping use code HOFFMAN.

# 11 Powerful Ingredients for Naturally Healthy Skin

---

Using a holistic approach to skin health, Herpanacine Skin Support® uses the all-natural following ingredients to promote healthy living from within.

**Lysine** – An amino acid often used in medicines for preventing and treating cold sores.

**Vitamin A Beta-Carotene** – A red/orange pigment found in fruits and vegetables that converts into vitamin A, an essential vitamin for healthy skin and a strong immune system.

**L-Tyrosine** – An amino acid the body makes that when oxidized creates melanin, which is thought to protect the skin from UVB radiation damage.

**Vitamin E D-Alpha** – The most active form of vitamin E and one of the most powerful biologically active antioxidants that promotes the circulation of oxygen to the skin.

**Selenium** – An antioxidant that fights oxidative stress and keeps free radicals in check, protecting cells from damage.

**Dandelion Root** – An herb that has been used in medicines to treat a wide range of conditions from metabolic issues to viral infections.

**Sarsaparilla Root** – A plant root used to treat skin diseases such as psoriasis and that may stimulate proper hormonal function in relation to the skin.

**Astragalus, Ligustrum, and Echinacea** – Have been used in many natural medicines to support immune function and combat viral and bacterial eruptions in the body, specifically those on the skin.

**Vitamin C** – A powerful antioxidant necessary for tissue repair and growth, adrenal function, and immune system support. It works synergistically with the vitamin E and beta-carotene in the Herpanacine formula.

**Zinc** – A mineral required for collagen formulation and protein synthesis. It promotes a healthy immune system, heals wounds, and is helpful in fighting acne conditions and regulating oil-producing glands.



*Diamond  
Herpanacine*  
Dr. Wayne Diamond Formulas

*Jay S. Jacobs has been working in the natural health industry for almost 30 years. As a writer, he has had two books published and written multiple articles for many media outlets.*